

8th Annual Labor Day Competition

September 4 & 5, 2010

Hosted by: The Florida Everblades Figure Skating Club

IJS Judging System for Juvenile - Senior Free and Short Programs

USFS Mini system used for IJS

IJS Champion Trophies

Planned Program Content Form (See page 19 for Instructions), for all IJS events entered.

*Also featuring **Competitive Test Track***
and Basic Skills Trophy Challenge

Entry Deadline: August 10, 2010

“New” Online Registration!

At: Germain Arena

11000 Everblades Parkway

Estero, Fl 33928

(239) 948-7825

*The Club Web Site will be your source for all Information and
Communications for this Competition.*

****Secure Online Registration and Credit Card Payment will be available at:***

www.floridaeverbladesfsc.org

or go directly to: <http://comp.entryeeze.com/Home.aspx?cit=93>

Sanctioned by the United States Figure Skating Association



This competition is open to all qualified skaters who are members in good standing of the US Figure Skating and their home club.

The 2010 Labor Day Competition is sanctioned by U S Figure Skating and will be conducted under the rules set forth in the Current US Figure Skating Rulebook.

Events: Free Skate, Short Program, Compulsory, Spins, Jumps, Basic Skills, Showcase, Dance, and Competitive Test Track.

Entries/Fees:

First IJS Event	\$95	First Non-IJS Events	\$80
Second IJS Event	\$60	All additional Events	\$50
All additional Events	\$50	(If partner event, fee is for both skaters combined)	

First and Additional Basic Skill Events \$45 (each)

***Secure Online Registration and credit card payment will be available at: floridaeverbladesfsc.org.**

This is the preferred method of entry. If you must do paper entries, Fees must accompany the completed entry form and should be made payable to The Florida Everblades FSC. :

8th Annual Labor Day Competition
c/o Simone Reveter
7849 Stratford Drive
Naples, FL 34104

Entries must be postmarked no later than August 10; **online entries** by midnight August 13.

Please note that late entries may be accepted at the discretion of the Competition Chair and will be subject to an administrative fee of \$25. There will also be a \$25.00 fee for **changing events**. A \$35 fee will be charged for any returned checks.

Refunds: In accordance with US Figure Skating Rule #3235: **“Once entries have closed, entry fees are only refundable if the competition or event is not held”**. Refunds for those events **not held** will be mailed within one month of the last day of the competition. **If you register online, the processing fee is not refundable. The entry fee will be refunded to your credit card immediately.**

Eligibility:

1. Skaters may enter as many events as they choose and for which the skater is qualified.
2. A skater may compete one level higher than the skater's current test level as of August 10, 2010.
3. Skaters may only enter one level per event (i.e. Juvenile Free Skating or Intermediate Free Skating but not both).
4. Where applicable, the age requirement is as of August 10, 2010

Planned Program Content Form: If you are registering for an IJS event, you are required to complete the Planned Program Element form online at <http://www.usfigureskating.org> by August 27, 2010. This form can be found in the Members Only section of the US Figure Skating website.

Facility:

All events will be held at **Germain Arena**. It is located at **exit #123 off Interstate 75**. Germain Arena is conveniently located next to **Miromar Outlet Mall** and close to beautiful beaches and upscale shopping. Germain Arena, has two full size recreational rinks which measure 185 ft X 85 ft. The facility also hosts a Snack Bar, Pro Shop, as well as two restaurants. (Please note that the “Blades American Grill” will be the only food service in the Arena open during the Competition.)

Music:

Music **must** be provided on CD. CDs should be clearly marked with the following: skater's name, event entered, home club/arena name, and coach name. CDs should have only one track recorded. No mini CDs are allowed. CDs must be turned in at the time of registration. Please remember to have an extra copy of your music readily available. Music is to be picked up by the conclusion of the Competition. **FEFSC is NOT responsible for any music that is not picked up.**

Trophy/Awards:

Medals will be awarded to the First, Second, Third, and Fourth place winners in each group in each event. There will be Trophy Awards for IJS Events if the number of the competitors permit. Trophies will be determined by combining total points from short and long programs. Please note that skater must compete at the same level for both events.

Practice Ice: Skaters will be able to choose their own practice ice sessions online but you MUST indicate number of sessions you want online when you register and you MUST pay for them when you register online. You will receive an e-mail with a PIN number in order to access your practice ice records and select your sessions. Practice ice will be \$12.00 if you pre-order the sessions online prior to close of online entries - August 13 (midnight). If you enter by paper, the cost will be \$12.00 per session, but the entry form must be post marked by August 10. Additional practice ice sales will be online for \$15.00 per session after the schedule has been posted and those that pre-registered for their sessions have had time to select their sessions. Purchase of online practice ice at \$15.00 per session will be available until midnight of September 1, 2010. Reservations may be made for 2 sessions per event. Additional practice ice may be purchased (upon availability) beginning on the first day of practice ice at a cost of \$18.00 per session at the Registration Desk. Practice ice fees are **non-refundable**.

Schedule: A tentative competition schedule will be found on our website www.floridaeverbladesfsc.org or at www.floridaskating.com once it is received from the chief referee along with the practice schedule. The schedules will not be mailed out.

Test Session:

We will be hosting a test session for all levels of both freestyle and dance. Test form is located on page 20.

Video:

A professional video service will be available. Individual videotaping will be permitted in designated areas ONLY. Only battery-operated cameras will be permitted with no tripods. FLASH Photography is NOT permitted please.

Registration:

The Registration Desk will be opened at Germain Arena during scheduled practice times and during competition. Skaters are required to check in with the Ice Monitor at least one hour before their scheduled event.

Hotels:

Hampton Inn
Estero (Interstate 75, exit 123) 10611 Chevrolet Lane way, Estero, FI
Conveniently located on Corkscrew Road - minutes from Germain Arena
\$69 per night deluxe double queen room
Call (239) 947-5566
Complimentary Hot Breakfast included
Mention Labor Day Invitational when calling for group rate

Embassy Suites
Estero (Interstate 75, exit 123) 10450 Corkscrew Commons, Estero, FI
conveniently located on Corkscrew - minutes from Germain Arena
\$109 per night Double or King
Includes full breakfast and Manager's Reception from 5:30 – 7:30 pm
(239) 949-4222
Mention Labor Day Invitational when calling for group rate

Homewood Suites
Ft. Myers (Interstate 75, exit 128) 16450 Corporate Commerce Way, Ft. Myers, FI
Three miles north of Germain Arena
\$89 per night
Call 239-210-7300
Buffet Breakfast
Mention Labor Day Invitational when calling for group rate

Hilton Garden Inn
Ft. Myers

(Interstate 75, exit 128) 16410 Corporate Commerce Way, Ft. Myers, FL
Three miles north of Germain Arena
\$69 per night
Call 239-210-7200
Mention Labor Day Invitational when calling for group rate

EVENTS: FREE SKATING PROGRAM

Skaters may skate at their current Free Skating test level or one higher. All programs should be “well-balanced” as described in the current US Figure Skating Rule Book and Guidelines

CATEGORY	QUALIFICATIONS		TIME (max.)
No Test	Passed no US Figure Skating Free Skating tests Jumps allowed are ½ jump, waltz jump, salchow, Toe loop and loop. Spins are opened	Rule: #3721	1:30 +/- 10 sec
Pre-Preliminary	Passed the Pre-Preliminary Free Skating test and no higher. Single jumps and an Axel are permitted	Rule: #3711	1:30 +/- 10 sec
Preliminary	Passed the Preliminary Free Skating Test and no higher.	Rule: #3701	1:30 +/-10 sec
Pre-Juvenile	Passed the Pre-Juvenile Free Skating Test and no higher.	Rule: #3691	2:00 +/- 10 sec
Juvenile	Passed the Juvenile Free Skating Test and no higher. Must be 12 years of age of younger as of August 10, 2010	Rule: #3680 & 3681	2:15 +/- 10 sec
Open Juvenile	Same as Juvenile, but age 13 or older.	Rule: # 3680 & 3681	2:15 +/- 10 sec
Intermediate	Passed the Intermediate Free Skating Test and no higher.	Rule: #3670 & 3672	2:30 +/- 10 sec
Novice	Passed the Novice Free Skating Test and no higher.	Rule: # 3660 & 3663	3:00 (ladies) 3:30 (men) +/- 10 sec
Junior	Passed the Junior Free Skating Test and no higher.	Rule: # 3653	3:30 (ladies) 4:00 (men) +/- 10 sec
Senior	Passed the Senior Free Skating Test	Rule: # 3643	4:00 (ladies) 4:30 (men) +/- 10 sec
Adult Pre-Bronze (21 and over)	Passed Adult Pre-Bronze Free Skating Test or Std. Pre-Preliminary Free Skating Test and no higher.	Rule: # 3805 & 3806	1:40 (max.)
Adult Bronze (21 and over)	Passed Adult Bronze Free Skating Test or Std. Preliminary Free Skating Test and no higher.	Rule: # 3800 & 3801	1:50 (max)
Adult Silver (21and over)	Passed Adult Silver Free Skating Test or Std. Juvenile Free Skating Test and no higher	Rule: #3790 & 3791	2:10 (max)
Adult Gold (21and over)	Passed Adult Gold Free Skating Test or Std. Juvenile Free Skating Test and no higher	Rule: #3780 & 3781	2:40 (max)
Open Adult A (21-24 yrs)	No axel or double jumps		2:40 (max)
Open Adult B (21-24 yrs)	No restrictions		2:40 (max)

Short Program

As per the Current US Figure Skating Rule Book and Guidelines – Rules 3615 and 3621
Skaters may compete one level higher than their current Free Skating Test level

CATEGORY	REQUIRED ELEMENTS	TIME (max)
Juvenile	Must be 12 and under as of 8/10/2010 A. Axel jump B. One double jump (no axel) C. One jump combination (2 singles or one double and one single) D. One solo spin min of 4 revolutions E. One combination spin with only one change of foot and at least one change of position min. 4 revolutions per foot. F. One step sequence straight line or circular.	2:00 max
Open Juvenile	same elements as Juvenile Age 13 or older	2:00 max
Intermediate	See US Figure Skating Intermediate Short Program Current USFS Official Rule Book #3670 #3671	2:00 max
Novice	See US Figure Skating Novice Short Program Current USFS Official Rule Book #3660 #3661 #3662	2:30 max
Junior	See US Figure Skating Junior Short Program. Current USFS Official Rule Book #3650 #3651 #3652	2:50 max
Senior	See USFSA Senior Short Program. Current USFS Official Rule Book #3640 #3641 #3642	2:50 max

COMPULSORY MOVES

Qualifications for Compulsory Moves are the same as stated in the Free Skate Section. Compulsory Moves will be skated without music and without stopping between elements. Elements may be performed in any order but performed only once. Only listed elements may be performed; additional elements or repetition of failed elements will be penalized. Spin revolutions indicated are minimums. No turn or change of foot allowed in jump combinations. An axel is considered a single jump. Unless indicated, connecting steps may be incorporated but will not be judged.

CATEGORY	REQUIRED ELEMENTS	TIME (max)
No Test	Passed No US Figure Skating Tests 3 consecutive bunny hops, waltz jump, lunge or forward forward spiral, 2 foot spin, forward and backward stroking (1/2 ice)	1:00 max
Pre-Preliminary	Passed Pre-preliminary Free Skating Test and no higher. Waltz-toe loop combination, salchow, forward spiral (inside or outside), one foot spin (min 3 rev) backward crossovers, connecting steps. (1/2 ice)	1:15 max
Preliminary	Passed Preliminary Free Skating Test and no higher. Loop jump, flip jump, one jump combination consisting of two single jumps (axel permitted), sit spin (min. 3 rev) forward or backward spiral (inside or outside), connecting steps. (1/2 ice)	1:15 max
Pre-Juvenile	Passed Pre-Juvenile Free Skating Test and no higher. Lutz jump, flip jump, combination jump consisting of a single jump with a loop (axel permitted), camel spin (min. 4 rev) combination spin with one change of position and no change of foot (min. 6 revolutions), circular footwork, back spiral. (1/2 ice)	1:30 max

Compulsory Continued:

CATEGORY	REQUIRED ELEMENTS	TIME (max)
Juvenile/Open Juvenile	Passed Juvenile Free Skating Test and no higher. Axel, flip, jump combination consisting of 2 single jumps or one double and one single jump, camel spin (min. 4 rev.) sit change sit (min. 4 rev. each foot) straight line sequence, choice of forward spiral or spread eagle. (Full ice)	1:45 max
Adult Pre-Bronze	Passed Adult Pre-Bronze or Std. Pre-Preliminary Free Skating Test and no higher. Waltz jump, half flip, lunge or spiral, 2 footed upright spin (3) (1/2 ice)	1:00 max
Adult Bronze	Passed Adult Bronze or Std. Preliminary Free Skating Test and no higher. Salchow, Waltz/Toe-loop combination, one foot upright Spin (4), forward spiral (any edge) (1/2 ice)	1:30 max
Adult Silver	Passed Adult Silver or Std. Juvenile Free Skating Test and no higher. Flip, Loop, Single/Single combo (axel permitted), Sit Spin(4) straight line sequence. (1/2 ice)	1:30 max
Adult Gold	Passed Adult Gold or Std. Juvenile Free Skating Test and no higher. Lutz, Axel, combination jump (single/single or double/double), Camel spin(4), straight line sequence (full ice)	1:30 max

SPINS ONLY

Qualifications for Spins are the same as stated in the Free Skate Section. Spin revolutions indicated are minimums. Spins must be skated exactly as stated but may be skated in any order without music. Connecting steps may be used but will not affect scoring. All spins will be performed on 1/2 ice.

CATEGORY	QUALIFICATIONS/REQUIREMENTS	Time (max)
No Test Beginner	No US Figure Skating Test passed One foot upright, one foot upright back, two-footed spin	1:00 max
Pre-Preliminary	Passed Pre-Preliminary FS no higher. Required spins: One foot upright spin (optional free leg position (3), back scratch spin (3), and sit spin (3)	1:00 max
Preliminary	Passed Preliminary FS no higher. Required spins: one foot front to back scratch spin(3 per foot), forward sit spin (3), forward camel spin (3).	1:00 max
Pre-Juvenile	Passed Pre-Juvenile FS no higher. Required spins: camel spin (4) camel/sit combination, no change of foot (total 6), front to back scratch spin exit on spinning foot (4 per foot)	1:15 max
Juvenile	Passed Juvenile FS no higher – age 12 or under as of August 9, 2008. Required spins: forward sit spin (4) Ladies -Attitude/layback spin (4) Men cross-foot spin (4), Spin combination with only one change of foot and at least one change of position (4 rev. each foot)	1:15 max
Open Juvenile	Age 13 or older. Requirements same as juvenile	1:15 max
Intermediate	Passed Intermediate FS no higher. Required spins: Forward to Backward sit spin (4 each), flying spin (5), spin combination with only one change of foot and at least one change of position (5 each foot)	1:30 max
Novice	Passed Novice Free Skating Test and no higher. Required spins: camel, sit, or layback spin (6), camel spin to back camel spin (4 each foot), spin combination with only one change of foot and at least one change of position(5 each foot)	1:30 max
Junior/Senior	Passed Junior or Senior Free Skating Test. Flying camel or Flying sit spin (6 in position) Ladies - Layback spin (6) Men-cross foot spin (6) Spin combination consisting of a least two positions and at least one change of foot (10 total revolutions)	1:30 max

JUMPS ONLY

Qualifications for Jumps are the same as stated in the Free Skate Section. Pre-Preliminary through Pre-Juvenile will be skated on ½. Jumps may be performed in any order. Combination jumps must be performed with no turn or changes of foot between jumps. The jump combination may consist of the same jump or another jump (single, double, triple as prescribed). However, the jumps included must be different from the solo jumps unless otherwise stated. Skaters will be given only one opportunity to perform each jump.

CATEGORY	QUALIFICATIONS/REQUIREMENTS	TIME (max)
No Test Beginner	Passed No Us Figure Skating Free Skating test. Waltz jump, toe loop, salchow. (1/2 ice)	1:00 max
Pre-Preliminary	Passed Pre-Preliminary Free Skating Test and no higher. Loop jump Flip jump, combination jump of any two single jumps. No axel. (1/2 ice)	1:00 max
Preliminary	Passed Preliminary Free Skating Test and no higher. Flip jump, Loop Jump, combination jump with loop. Axel permitted. (1/2 ice)	1:00 max
Pre-Juvenile	Passed Pre-Juvenile Free Skating Test and no higher. Lutz /loop combination, Axel, double salchow. (1/2 ice)	1:15 max
Juvenile	Passed Juvenile Free Skating Test and no higher. Must be age 12 or under as of August 10, 2010. Axel, Double/Single combo (any order), double loop. No double axels. (full ice).	1:30 max
Open Juvenile	Passed Juvenile Free Skating Test and no higher. Age 13 and older as of August 10, 2010. Jumps – same as Juvenile (full ice).	1:30 max
Intermediate	Passed Intermediate Free Skating Test and no higher. , Axel, double loop, Combination of double/double jump. (full ice)	1:30 max
Novice	Passed Novice Free Skating Test and no higher. Double loop, Double Flip, Any double/double combination. (full ice)	1:30 max
Junior	Passed Junior Free Skating Test and no higher. Double Lutz, Double Axel, double/double or a triple/double combination jump. (full ice)	1:30 max
Senior	Passed Senior Free Skating Test. Double Axel, Double Lutz, any Triple/Double or Triple/Triple combination jump. (full ice)	1:30 max

BASIC SKILLS

There will a trophy awarded to the Arena with the most cumulative points for all their events combined.

First place	-	4 points	Second place	-	3 points
Third place	-	2 points	Fourth place	-	1 point

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

BASIC SKILLS - Elements

Basic Elements – Snowplow Sam/Tots to Basic 8 Level

- * No music
- * Elements will be performed one element at time in the order listed
- * Events will be on 1/2 ice surface

Required Elements:

Snowplow Sam (Tots)

1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles – 2-3 in a row
3. Forward snowplow stops
4. Backward wiggles – 2 -6 in a row

Basic 1

1. Forward two-foot glide
2. Forward two-foot swizzles – 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles – 6-8 in a row

Basic 2

1. Forward one-foot glide- either foot
2. Backward two-foot swizzles – 6-8 in row
3. Two-foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating swizzle pumps, in a straight line –across width of ice

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two-foot turn – either direction
4. Backward one-foot glide- either foot
5. Two-foot spin

Basic 4

1. Forward outside edge on a circle- clockwise or counterclockwise
2. Forward crossovers- 6-8 consecutive- both directions
3. Forward outside 3-turn – R and L
4. Backward stroking
5. Backward snowplow stop – R or L

Basic 5

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers – 6-8 consecutive – both directions
3. One-foot spin – minimum of 3 revolutions
4. Hockey Stop
5. Side Toe hop – either direction

Basic 6

1. Forward inside 3-turn – R and L
2. T-stop – R or L
3. Bunny Hop
4. Forward arabesque (spiral) on a straight line R or L
5. Lunge – R or L

Basic 7

1. Forward inside open Mohawk – R to L and L to R
2. Ballet jump – either direction
3. Backward crossovers to a backward outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside three turns R & L
2. Waltz Jump
3. Mazurka, right or left
4. Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk Step behind, step into one backward crossover and step to a forward inside edge.
4. Beginning one foot upright spin, optional free foot position.

BASIC SKILLS PROGRAM – Music on Full Ice

Basic Freestyle Solo Programs (Snowplow and Basic 1 to 8)

- * The skating order of the required elements is optional.
- * The elements are not restricted as to number of times element is executed, or length of glides, number of revolutions in a spin, etc., unless otherwise stated.
- * Minimum number of connecting steps is allowed.
- * May use vocal music.
- * May use elements from a previous level (Elements from a higher level are not allowed.)
- * Time 1:00 +/- 10 sec., to be skated on full ice.

REQUIRED ELEMENTS:

Snowplow Sam- Tots

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3 in a row
3. Backward wiggles 2-6 in a row
4. Forward snowplow stop

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles 6-8 in a row
3. Backward wiggles 6-8 in a row
4. Forward alternating ½ swizzles pumps, in a straight line across of ice
5. Forward snowplow stop

Basic 2

1. Forward one foot glide – either foot
2. Two foot turn in place – forward to backward
3. Backward two foot swizzles 6-8 in a row
4. Forward alternating ½ swizzle pumps, in a straight line across width of ice
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two foot turn in either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive in both directions
3. Forward outside three turn – R & L
4. Backward stroking
5. Backward snowplow stop – R & L

Basic 5

1. Backward outside edge on a circle clockwise or counter clockwise
2. Backward crossovers 6-8 consecutive in both directions
3. One foot spin – min. of three revolutions
4. Side Toe hop – either direction
5. Hockey stop

Basic 6

1. Forward inside 3-turn – R & L
2. Bunny Hop
3. Forward arabesque spiral on a straight line R or L
4. Lunge – R or L
5. T-stop – R or L

Basic 7

1. Forward inside open Mohawk- R to L and L to R
2. Ballet Jump either direction
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside three turns R & L
2. Waltz jump
3. Mazurka in either direction
4. Combination move – clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
5. Beginning one-foot upright spin – optional free foot position.

BASIC SKILLS – FREE SKATE 1-6 MUSIC EVENT

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

* Skate on Full ice

* Vocal music is allowed.

* The Skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.

* A .2 deduction will be taken for each element performed from a higher level.

* Program duration 1:30 +/- 10 sec.

Program must contain the following required elements:

Free skate Level 1

1. Advance forward stroking (4-6 consecutive strokes)
2. Scratch spin from backward crossovers
3. Waltz jump from backward crossovers
4. Half Flip

Free skate Level 2

1. Forward outside spiral – R or L
2. Beginning back spin
3. Waltz jumps, side toe hop, waltz jump series
4. Toe loop jump

Free skate Level 3

1. Forward crossovers in a figure 8
2. Back spin
3. Salchow
4. Waltz jump/toe loop or Salchow/toe loop

Free skate Level 4

1. Forward power 3's, 2-3 consecutive sets, - R or L
2. Sit spin
3. Loop jump
4. Waltz jump/loop jump

Free skate Level 5

1. Camel Spin
2. Forward upright spin to back upright spin
3. Loop/loop combination jump
4. Flip jump

Free skate Level 6

1. Camel/sit spin combination, min. 4 revolutions total
2. Split or stag jump
3. Waltz jump/1/2 loop/salchow combination
4. Lutz jump

BASIC SKILLS – FREE SKATE 1-6 (Solo Program without Music)

- * In a program form using a limited number of connecting steps; the skating order of the required elements is optional
- * To be skated on ½ ice
- * No music is allowed
- * the skater must demonstrate the required elements and may use but not required to use any additional elements from previous levels
- * Elements from a higher level are not allowed.
- * Time: 1:00 or less

Program must contain the following required elements:

Free skate Level 1 Compulsory

1. Advanced forward stroking – 4 - 6 consecutive
2. Basic forward outside edges and forward inside consecutive edges – 2 - 4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Free skate Level 2 Compulsory

1. Forward outside spiral – R or L. and a forward inside spiral – R or L
2. Waltz Three's – R or L
3. Beginning back spin – entry optional
4. Waltz jump, side toe hop, jump series
5. Toe Loop Jump

Free skate Level 3 Compulsory

1. Forward crossovers in a figure 8
2. Advanced forward outside swing 4 - 6
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

Free Skate Level 4 Compulsory

1. Spiral sequence. FI Spiral, FI Mohawk, BO Spiral, clockwise or counter clockwise
2. Forward power 3's, 2 – 3 consecutive sets – R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Free Skate Level 5 Compulsory

1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/Loop jump
5. Flip jump

Free Skate Level 6 Compulsory

1. Five step Mohawk sequence – 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6)
2. Camel, sit spin combination – minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, ½ Loop, Salchow combination
5. Lutz jump

SHOWCASE EVENT – BASIC SKILLS - Time: 1:30 +/- 10

1. Theme of skater's choice
2. Judging to emphasize interpretation of music and artistic value instead of technical elements
3. Costumes that compliment music
4. May use hand props or must be able to get on and off ice without assistance in a total of 1 minute

BASIC A: No rotation of jumps and only two footed spins.

BASIC B: Half jumps only and one foot upright spins

BASIC C: Whole jumps (no axel) and open spins (may not have passed any USFS tests)

SHOWCASE EVENTS

Skaters may skate at their current Free Skate test level or one higher. Events will be judge for artistic impression and interpretation of music. Costumes and props must follow theme and music. Props must be controlled by the skater and placed and removed in a total of 1 minute by the skater.

CATEGORY	QUALIFICATIONS/REQUIREMENTS	TIME
No Test/Beginner	Passed NO US Free Skating Test.	1:30 +/- 10 sec
Pre-Preliminary	Passed Pre-Preliminary Free Skating Test and no higher	1:30 +/- 10 sec
Preliminary	Passed Preliminary Free Skating Test and no higher	1:30 +/- 10 sec
Pre-Juvenile	Passed Pre-Juvenile Free Skating Test and no higher	2:00 +/- 10 sec
Juvenile	Passed Juvenile Free Skating Test and no higher (age 12 & under as of August 9, 2008.	2:10 +/- 10 sec
Open Juvenile	Passed Juvenile Free Skating Test and no higher (age 13 or older)	2:10 +/- 10 sec
Intermediate	Passed Intermediate Free Skating Test and no higher	2:30+/- 10 sec
Novice	Passed Novice Free Skating Test and no higher.	2:30+/- 10 sec
Junior	Passed Junior Free Skating Test and no higher	2:40+/- 10 sec
Senior	Passed Senior Free Skating Test	2:40+/- 10 sec
Open Adult	No test requirements 21 yrs. and older	1:40+/- 10 sec
Duet – 17 and under	No restrictions as to gender, age, or skating level.	1:30– 2:10 max
Duet – Adult	No restriction as to gender, age, or skating level	1:30 – 2:10 max

Dance- Partner

Skaters must skate at current level or not more than one level higher – two patterns of each dance

Compulsory

CATEGORY	QUALIFICATIONS	DANCES SELECTED
Pre-Juvenile	Both partners must have passed the Preliminary MIF test or higher and two Preliminary Dances but no higher then Pre-Bronze Dance Test.	Cha Cha Swing Dance
Juvenile	Both partners must have passed the Juvenile MIF Test or higher, the Preliminary Dance test or higher and the Juvenile Free Dance Test.	Fiesta Tango Ten Fox
Intermediate	Both partners must have passed the Intermediate MIF test or higher, at least one dance of the Bronze Dance test or higher and the Intermediate Free Dance Test.	14-Step European Waltz
Novice	Both partners must have passed the Novice MIF Test or higher, at least one dance of the Silver Dance test and the Novice Free Dance Test.	Blues Paso Doble
Junior	Both partners must have passed the Junior MIF Test or higher and at least one dance of the Gold Test and the Junior Free Dance Test.	Quickstep Blues
Senior	Both partners must have passed the Senior MIF Test or higher and the Senior Free Dance Test.	Ravensberger Waltz Finnstep

DANCE – SOLO

Skaters may skate at their current level, and, or one level higher.

2 patterns are to be skated for each dance

CATEGORY	QUALIFICATIONS	DANCES SELECTED
Beginner/Preliminary	Skaters must not have passed all the Pre-Bronze Dances.	Canasta Tango Dutch Waltz
Pre-Bronze	Skaters must not have passed all the Bronze Dances.	Fiesta Tango Rhythm Blues
Bronze	Skaters must not have passed all the Pre-Silver Dances.	Cha Cha Willow Waltz
Pre-Silver	Skaters must not have passed all the Silver Dances.	14-Step Foxtrot
Silver	Skaters must not have passed all the Pre-Gold Dances.	Rocker Foxtrot American Waltz
Pre-Gold	Skaters must not have passed all the Gold Dances.	Blues Kilian
Gold	Skaters must not have passed any International Dances.	Paso Doble Quickstep

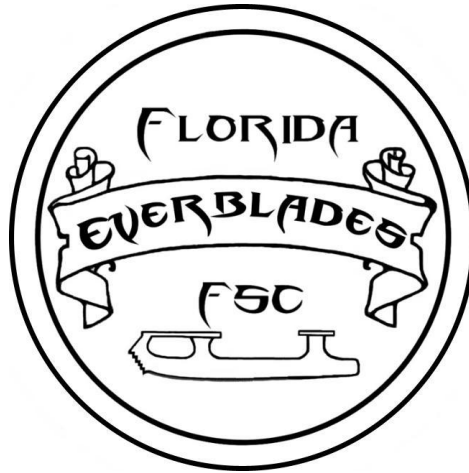
Competitive Test Track

Skaters may enter either the Competitive Test Tract or the “Well Balanced Free Skate” but not both. Competitors will skate to music of their own choice. Deductions will be made for skaters performing technical elements that are not permitted in the event description.

Category	Qualifications/Requirements	Time
Limited Beginner	2 Solo spins in an upright position (min. 3 revolutions). Jumps with no more than one-half rotation (front to back or back to front). Jump sequences allowed. Max 5 jump elements. Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed test higher than USFS Basic Skills Free Skating Badge test.	1:30 +/- 10
Beginner	2 Solo spins in an upright position (min. 3 revolutions). Jumps with no more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. Combination jumps and jump sequences allowed. Max 5 jump elements. Connecting moves and steps should be demonstrated throughout the program. Skaters May not have passed tests higher than USFS Basic Skills free skating badge tests.	1:30 +/- 10
Pre-Preliminary	2 solo spins of a different nature (min. 3 revolutions and no flying spins), Max: 5 jump elements; all single solo jumps allowed – no axels. Jumps combinations or sequences using only a waltz jump, toe loop, and salchow. Connecting moves and steps should be demonstrated throughout the program. May not have passed higher than USFS Pre-preliminary free skate test.	1:30 +/- 10
Preliminary	2 spins of a different nature, combination spins allowed (min. 3 revolutions each and no flying spins), jumps with no more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program. Must have passed USFS Pre-preliminary free skate but no higher than Preliminary free skate test	1:30 +/- 10
Pre-Juvenile	3 spins in any position (min. 4 revolutions), one must be a combination spins with change of foot optional (min. 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with no more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. 1 step sequence straight line, circular, or serpentine fully utilizing ice surface. Must have passed USFS Preliminary free but no higher than Pre-juvenile free skate test.	2:00 +/- 10
Juvenile	3 spins in any position (min. 4 revolutions), one must be a combination spin with one change of foot (min. 4 revolutions on each foot). May including flying spins. Any single jumps and jump combinations with no more than 1½ rotations. (Axel permitted) maximum 6 jumping elements. 1 step sequence: straight line circular, or serpentine fully utilizing ice surface. Must have passed USFS Pre-juvenile free skate but no higher than Juvenile free skate test.	2:15 +/- 10
Intermediate	3 spins in any position (min. 4 revolutions), one must be a combination with at least one change of foot (min. 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements. 1 step sequence straight line, circular, or serpentine fully utilizing ice surface. Must have passed USFS Juvenile free skate but no higher than than Intermediate free skate test.	2:30 +/- 10

Competitive Test Track Cont'd

Novice	<p>3 spins in any position (min 6 revolutions) one must be a combination spin with at least one change of foot (min. 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double salchow, double toe loop and the double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements. 1 step or spiral sequence(See rule 3640 for description). Must have passed USFS Intermediate free skate test but no higher than Novice free skate test.</p>	<p>3:00 +/- 10 Ladies</p> <p>3:30 +/- 10 Men</p>
Junior	<p>3 spins in any position (min. 6 revolutions) one must be a combination spin consisting of all three positions and one change of foot (minimum 2 in each position and minimum of 5 revolutions on each foot). Any single jumps and double jumps may only be the double salchow, double toe loop, double loop and the double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men 7 for ladies.</p> <p>Men: 1 step sequences Ladies: One step sequence Must have passed USFS Novice free skate test but no higher than Junior free skate test.</p>	<p>3:30 +/- 10 Ladies</p> <p>4:00 +/- 10 Men</p>
Senior	<p>4 spins (min. 6 revolutions on all solo spins) one must be a flying spin, one solo spin, one spin combination consisting of all three positions and one change of foot (minimum of 2 in each position and minimum 5 revolutions on each foot). At least four different double jumps, one must be a double lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies.</p> <p>Men: 2 different step sequences Ladies: 1 step sequence and 1 spiral sequence. (See Rule 3640 for description). Must have passed USFS Junior free skate test.</p>	<p>4:00 +/- 10 Ladies</p> <p>4:30 +/- 10 Men</p>



**REGISTER ONLINE FOR
8TH ANNUAL LABOR DAY COMPETITION!!!!**

**Payment via secured credit card transaction
(processing fee applies – 3.5%)**

FEFSC Website: www.floridaeverbladesfsc.org

OR ENTER DIRECTLY ONLINE AT:

<http://comp.entryeeze.com/Home.aspx?cid=93>

**Simply follow the links
for competition information and use
the link to register for the
competition and pay with a credit card
(Visa, matercard, and Discovery only please)**

Paper entry forms are also available online at www.floridaeverbladesfsc.org

The 8th Annual Labor Day Competition

September 4 & 5, 2010

Sanctioned by US Figure Skating

Name: Last _____ First _____ MI _____

Street Address _____

City _____ State _____ Zip code _____

Telephone (day) _____ (Evening) _____ (E-mail) _____

Age (as of August 10, 2010) _____ yrs. Birth Date _____ Sex (F) (M)

USFSA Number _____ Home Club _____

Highest Test Past as of August 10, 2010 Free _____ Moves _____

Dance _____ Pairs _____

Coaches Name _____ Phone Number _____

Coaches Signature _____ Date _____

Certification by Athlete and Parent/Guardian (REQUIRED)

ENTRIES MUST BE POSTMARKED August 10, 2010

I certify that _____ is an eligible person of the US Figure Skating and is a member in good standing my club and is eligible to skate in the specified events. Club: _____

Club Officer: _____ Title _____ Date _____

The USFSA, The Florida Everblades Figure Skating Club, and Germain Arena under any circumstance do not take responsibility for damages or injuries suffered by the skaters. As a condition of and in consideration of the acceptance of their entries or participation therein all entrants with their parents or guardians shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of this competition, and to waive and release any and all claims which they might have against any official, the US Figure Skating, the Florida Everblades FSC, or Germain Arena and its Officers. All entries shall be accepted on such conditions (US Figure Skating Rulebook #3222).

Skater's Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Authorization for Emergency Treatment (REQUIRED)

In the event I am unavailable, I hereby give permission for any emergency medical diagnosis, treatment or procedure for: _____

(Print Skater's Name)

Emergency medical information (allergies, pre-existing conditions, medications, etc): _____

Name of Physician: _____ Telephone: _____

Name of Insurance Co: _____

Policy # _____ Name of Insured: _____

Signed: _____ Date: _____

(Required)

Relationship to Skater: _____ Telephone: _____

(Must be signed by Parent/Guardian if Skater is under the age of 18)

8th Annual Labor Day Competition

September 4 & 5, 2010

(Sanctioned by US Figure Skating)

Last Name: _____

First Name: _____

Date of Birth: _____

Email Address: _____

Please Circle the Event(s) in which you are competing

FREE SKATE

No Test Beg
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Open Juvenile
Intermediate
Novice
Junior
Senior
Adult Pre-Bronze
Adult Bronze
Adult Silver
Adult Gold
Open Adult A
Open Adult B

SHORT PROGRAM

Juvenile
Open Juvenile
Intermediate
Novice
Junior
Senior

COMPULSORY MOVES

No Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juvenile
Adult Pre-Bronze
Adult Bronze
Adult Silver
Adult Gold

SPINS

No Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juvenile
Intermediate
Novice
Junior/Senior

JUMPS

No Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open Juvenile
Intermediate
Novice
Junior
Senior

SHOWCASE

No Test
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile/Open
Intermediate
Novice
Junior
Senior
Open Adult
Duet
Adult Duet

TEST TRACK

Limited Beginner
Beginner
Pre-Preliminary
Preliminary
Pre-Juvenile
Juvenile
Intermediate
Novice
Junior
Senior

DANCE

Partner	Solo
Pre-Juvenile	Beg/Preliminary
Juvenile	Pre-Bronze
Intermediate	Bronze
Novice	Pre-Silver
Junior	Silver
Senior	Pre-Gold
	Gold

BASIC SKILLS: ELEMENTS

Snowplow Sam/ Tots	
Basic 1	Basic 5
Basic 2	Basic 6
Basic 3	Basic 7
Basic 4	Basic 8

BASIC SKILLS: With MUSIC

Snowplow Sam/ Tots	
Basic 1	Basic 5
Basic 2	Basic 6
Basic 3	Basic 7
Basic 4	Basic 8

BASIC SKILLS: COMPULSORY

Free skate 1 - 6	
Free Skate 1	Free Skate 4
Free Skate 2	Free Skate 5
Free Skate 3	Free Skate 6

BASIC SKILLS: WITH MUSIC

Free skate 1 - 6	
Free Skate 1	Free Skate 4
Free Skate 2	Free Skate 5
Free Skate 3	Free Skate 6

BASIC SKILLS: SHOWCASE

Basic A
Basic B
Basic C

**The 8th Annual Labor Day Competition
September 4 & 5, 2010**

Please complete all information:

Last Name: _____ First _____ MI _____
E-Mail Address _____ Phone No.: _____

Make checks Payable to: Florida Everblades FSC.

Fees:

1 st IJS Event (Juvenile and Above)	\$95
2 nd IJS Event (Juvenile and Above)	\$60
1 st Non-IJS Event (Including Test Track) including Test Track	\$80
2 nd Additional Non-IJS Events	\$50
All Basic Skills Events	\$45

Total Entries Fees Enclosed: \$ _____

Please send application and check to:

**8th Annual Labor Day Competition
c/o Simone Reveter
7849 Stratford Drive
Naples, FL 34104**

Practice Ice:

It is suggested that you pre-reserve your practice ice when you register your entry online so that you will have first choice of times online once the schedule is published. Cost for pre-reserved practice ice is \$12.00 per session. Limited to 2 sessions per event. You will be able to purchase additional practice ice online once the schedule has been posted and those that pre-reserved sessions have had time to select their sessions – the cost will be \$15.00 per session. Additional practice times will be available at the rink registration desk beginning the first day of practice (upon availability) cost will be \$18.00 per session.

To reserve your practice ice, return this form and have it post marked by August 10, along with your check made payable to

**Florida Everblades FSC –
Simone Reveter
7849 Stratford Drive
Naples, FL 34104**

There will be No Refunds for unused Practice Ice Reservations under any circumstances.

Skater's Name _____

Skater's Email Address _____

Events Entered _____

Free Skate Level _____

Number of sessions: one _____ two _____ or three _____

Amount Enclosed (\$12 per 20 minute sessions) \$ _____

Please refrain from calling Germain Arena for issues regarding this event. Thank you.

Florida Everblades Figure Skating Club

USFS Test Session

Name: _____
Address: _____

Phone: _____

USFS#: _____
Home Club: _____
Parents Signature: _____
Coaches Signature: _____

Moves In the Field:

Please circle:
Pre-Preliminary \$55
Preliminary \$60
Pre-Juvenile \$65
Juvenile \$70
Intermediate \$80
Novice \$85
Junior \$90
Senior \$95
Adult Pre-Bronze \$55
Adult Bronze \$60
Adult Silver \$65
Adult Gold \$70

Free Skating:

Please circle:
Pre-Preliminary \$35
Preliminary \$40
Pre-Juvenile \$45
Juvenile \$50
Intermediate \$55
Novice \$60
Junior \$65
Senior \$70
Adult Pre-Bronze \$40
Adult Bronze \$45
Adult Silver \$50
Adult Gold \$55

DANCE: (Per skater)

Please Circle:

Preliminary Dance @\$35 each
Dutch Waltz – Canasta Tango – Rhythm Blues

Pre-Bronze Dance @ \$40 each
Swing Dance – Cha-Cha – Fiesta Tango

Bronze Dance @ \$45 each
Hickory Hoedown – Ten Fox – Willow Waltz

Pre-Silver Dance @ \$50 ea
Fourteen Step – Foxtrot – European Waltz

Silver Dance @ \$55 each
Rocker Foxtrot – American Waltz – Tango

PreGold Dance @ \$60 each
Blues -- Starlight Waltz
Kilian – Paso Doble

Gold Dance @ \$70 each
Quickstep – Westminster Waltz
Argentine Tango – Viennese Waltz

FREE DANCE: (Per Skater)

Juvenile \$35 Junior \$65
Intermediate \$45 Senior \$75
Novice \$55

Non- Member Test Fees are 1 ½ the Normal Fee

Skaters must have home clubs other than FEFSC must submit a permission to test form.

Test Fee Subtotal: \$ _____
Hospitality Fee of \$ 5.00
Total Due: \$ _____

Make check payable to : FEFSC
and mail to: Lynn Kayne
17345 Castile Road
Ft. Myers, Fl 33967
239-267-7232

All Applications must be received three weeks prior to testing date. NO REFUND

8th Annual Labor Day Competition

September 4 & 5, 2010

We invite both business and proud supporters of participating skaters to advertise in our competition program. We ask that all ads be camera ready. The deadline for ads is August 15th, 2010. If you have any questions regarding an ad, please contact Robin Gentile at rbgentil@comcast.net. Thank you for your support and look forward to seeing you at the competition.

Advertising Contract

Advertiser Name or Company: _____

Address: _____

City _____ State _____ Zip Code _____

Contact Person: _____

Phone Number: _____ Email address: _____

A check must accompany this order for the ad to be printed in the program. Makes checks payable to: Florida Everblades FSC.

Please circle desired ad size

Inside Front or Back Cover	\$150
Full Page	\$ 80
Half Page	\$ 50
Quarter Page	\$ 25
Business Card Size	\$ 15

Mail to:
Robin Gentile
PMB 321
Store #108
2430 Vanderbilt Road
Naples, FL 34109

Sincere thanks for your support!